

Save
The Date

June 14, 2025

GWD

GLOBAL WELLNESS DAY



14. JUNE 2025.

Kuršumlijska SPA, Serbia

About the event

With great excitement and inspiration, we invite you to join us for a fantastic Mindfulness event!

Mindfulness will be part of the program marking the Global Wellness Day (GWD) in Serbia, which will be held on Saturday, June 14, 2025.

This year GWD celebrates 10 years in Serbia, and the main outdoor event will be held in the Hotel "Planinka 4" in Kuršumlijska SPA, winner of the special award of the European Association of SPAs for the year 2024 for medical and wellness services.

WHAT IS GLOBAL WELLNESS DAY?

GWD is a non-profit global movement that gathers wellness professionals to promote:

- a healthy lifestyle,
- self-care,
- and the integration of healthy habits.

It is celebrated in 165 countries every second Saturday in June through free programs open to all, under the mottos:

"One day can change your whole life"
"Wellness for all"

Confirmation of attendance
info@energyhouse.life

GLOBAL WELLNESS DAY – GWD

Special Focus: Mindfulness

This year's GWD theme is: Magenta Reconnect

"Reconnecting with yourself, others, and your environment"

Our association has prepared a unique program that will, for the first time in Serbia, present Mindfulness practices in a spa setting!

A special event

A highlight of our Mindfulness program is the Master Class with Karl Nielsen, President of the In-Me Association in Berlin.

✓ Participation in all programs throughout the day is completely FREE!

Our host, Hotel "Planinka", will also provide light refreshments for all guests.

The only potential cost is accommodation, if you wish to stay the night before or after the event.

SPECIAL ACCOMMODATION OFFER AT HOTEL "PLANINKA" (JUNE 13–15, 2025):

- Half-board (buffet breakfast & dinner):
- 📍 7,990 RSD per person/day in a double room
- 📍 8,990 RSD per person/day in a single room
- Supplement for lunch (table service): 1,200 RSD
- Suite upgrade: 1,000 RSD per person/day
- Children up to 7 years: free of charge
- Children 7–12 years: 50% of the price
- Children 12+ years: full price



The price includes full access to the "Banjska" wellness center, with pools, spa facilities, gym, game room, and children's playroom.

The program also includes activities for children and youth from the local community, making this a great opportunity for family participation.

Accommodation reservations at this price

To book your stay, please email us by May 15, 2025 at:
info@energyhouse.life

♥ Join us for this inspiring day of:

- practicing mindfulness together,
- sharing knowledge and experience,
- and supporting each participant's personal growth.

If you feel called to be part of this special gathering – you are warmly welcome!
Thank you for helping us raise awareness about Wellness and Mindfulness 🌿